Menu

DINNER

SOMETHING FOR EVERYONE







STARTERS

Piri-Piri Chicken Wings X5	£6.29
Served with a creamy blue cheese sauce (serves 1, 454kcal)	
Upgrade to 10 wings (serves 2, 799kcal whole dish, 400kcal per	
Upgrade to 15 wings (serves 3, 1,144kcal whole dish, 418kcal pe	£7.00 extra er serve)
BBQ Chicken Wings [§] X5	£6.29
Smoky BBQ wings topped with chilli and c (serves 1, 361kcal)	coriander
Upgrade to 10 wings	£3.50 extra
(serves 2, 721kcal whole dish, 381kcal per	
Upgrade to 15 wings (serves 3, 1,083kcal whole dish, 381kcal pe	£7.00 extra
Prawn Cocktail**	£6.79
Served with toasted ciabatta (362kcal)	20170
🛨 Bruschetta v	£5.99
Freshly cut cherry tomatoes and basil, loa top of a garlic baked flatbread with a drizz balsamic (411kcal)	
Houmous & Flatbread ve Baked flatbread topped with houmous and olive oil (429kcal)	£5.79
Salt & Pepper Calamari [®]	£6.79
Tossed with fresh chilli and garlic mayo for dipping (482kcal)	
★ Chicken Goujons Served with a smoky BBQ dip [§] (382kcal)	£6.29
Tomato Soup ve	£5.49
Served with toasted ciabatta (284kcal)	
Doughballs v Freshly cooked doughballs with a garlic ar butter blend for dipping (323kcal)	£5.79 nd parsley
Fancy sharing? Double up (serves 2, 584kcal whole dish, 292kcal per	£4.20 extra serve)
Sharing Platter	£13.79
Smoky BBQ chicken wings [§] topped with cl coriander, crispy chicken goujons, stone-ir and flatbread. Served with houmous, cucu tomato and a roasted red pepper and har	n olives¤ umber,

Favourites

★ New

Adults need around 2,000kcal a day

(serves 2, 1,317kcal whole dish, 659kcal per serve)

BURGERS

The House Stack Burger Two 4oz* burgers, Cheddar cheese, cos lettuce, red onions, tomatoes and burger sauce. Served in a

brioche-style bun with skin-on chips and house slaw (1,282kcal with bun, 1,105kcal without bun) Add two crispy oak-smoked streaky bacon rashers (63kcal) £0.99

The Plant Burger ve £13.49 GARDEN GOURMET[®] Sensational[™] burger with Violife cheeze slice, cos lettuce, red onions, tomatoes and burger sauce. Served in a brioche-style bun with skin-on chips and vegan slaw (959kcal with bun, 781kcal without bun) Add two vegan THIS[™] Isn't Bacon rashers ve £0.99 (58kcal) Why not add some of our tasty sides to your meal? PIZZAS 9

С	create Your Own Pizza		£12.49		
pi	Get a slice of the action with our tomato sauce base pizza, topped with mozzarella and Cheddar cheese (919kcal) and your choice of three toppings:				
Р	Pepperoni (130kcal)	Red Pepper v (7	kcal)		
H	lam' (40kcal)	Tomato v (12kcal	.)		
\mathbb{N}	fushroom v (23kcal)	Red Chilli v (1kca	al)		
C	chicken (77kcal)	Rocket v (2kcal)			
R	ed Onion v (8kcal)	Pineapple v (25k	(cal)		

SALADS

🕈 Cobb Salad ve	£10.49
Shredded cos lettuce, tomatoes, cucumber,	
sweetcorn, red pepper, carrot and red cabba	ige.
Topped with avocado and croutons (377kcal	.)
Add Grilled Chicken (155kcal)	£1.49
Add a 4oz* Sirloin Steak (312kcal)	£2.99
★ Add three Jumbo Prawns** (49kcal)	£1.99
Chicken & Bacon Caesar Salad	£11.49
Cos lettuce, a boiled egg, crispy oak-smoked	streaky
bacon with a Caesar dressing. Served with b	aked
garlic flatbread with cheese (701kcal)	
Mediterranean Grain Bowl ^o ve	£9.99

Mixed grains with houmous, baked flatbread, stone-in olives¤, tomatoes, cucumber, red pepper and dressed rocket (643kcal)

V Suitable for vegetarians. VE Suitable for vegans. Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies.

*May contain rings & tentacles [§]May contain traces of alcohol. ¤May contains fruit stones **May contain small bones/shell pieces. *Any weights declared are based on an approximate weight of uncooked values. ¹Formed Ham

Don't worry, we know there are allergens in our food and drink which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie informat time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. Menu descriptions may not list every ingredient. All meat, fish and poultry dishes may contain small bones.

GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner. Cadbury® is a registered trademark of Mondelēz International used under licence. MRegistered Trademark. All prices include VAT. We may occasionally sell out of some of the more popular dishes. If we do, we'll do our very best to offer you the nearest alternative. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. Promoter: Whitbread Group PLC, PO Box 777, Dunstable LUS 5XE.

FROM THE GRILL

All our grills are served with your choice of accompaniment

30-Day-Aged 8oz* Sirloin Steak £16.49 Served with half a roasted tomato, grilled mushroom and dressed rocket (397kcal) **30-Day-Aged 10oz* Ribeye Steak** £17.99 Served with half a roasted tomato.

£17.49

£12.99

£1.99 extra

grilled mushroom and dressed rocket (582kcal)

Mixed Grill

£13.49

Grilled 4oz* sirloin steak, 5oz* gammon steak, half a chicken breast and pork sausage. Served with a fried egg, half a roasted tomato, grilled mushroom and dressed rocket (796kcal) £3.49 extra

Upgrade to an 8oz* Sirloin (156kcal)

Piri-Piri Chicken Grilled piri-piri chicken breast, served with grilled corn on the cob and our homemade slaw (364kcal)

10oz* Chargrilled Gammon Steak (516kcal) Served with two fried eggs (216kcal) or grilled pineapple rings (49kcal) or one of each (133kcal) and garden peas

Pick your accompaniment

Skin-on Chips ve (291kcal) Creamy Mashed Potato v (284kcal) Tenderstem[®] Broccoli & Garden Peas ve (159kcal) House Salad ve (47kcal) Spicy Rice ve (221kcal)

Add a sauce

Peppercorn (30kcal) Blue Cheese v (253kcal)

Why not add some of our tasty sides to your meal?

THE CLASSICS

\star Chicken Katsu Curry Crispy chicken goujons topped with our signature katsu sauce, steamed rice and topped with fresh chi coriander and spring onions (618kcal)

Beef & Ale Pie§ £12. Our award-winning pie, served with mashed potato, Tenderstem[®] broccoli, peas and gravy (1,095kcal)

Chicken Makhani Curry Served with white rice, a crispy poppadom and mango chutney dip (711kcal) Add naan bread for £0.99 (191kcal)

Rigatoni Bolognese £13. A rich beef bolognese served with garlic flatbread (978kcal)

Jumbo Prawn Linguine** £13. Tomato, garlic and chilli linguine topped with jumbo

Beer-Battered Haddock & Chips**§

Served with your choice of garden peas (1,078kcal) or mushy peas (1,116kcal) and tartare sauce

£12.

Asian-style noodles tossed with peppers, baby corn, sugar snaps, mushrooms, bean sprouts and Tenderstem® broccoli with a light soy dressing, topped with fresh chilli, coriander and spring onions (444kcal)

Add Grilled Chicken (155kcal) Add three Jumbo Prawns** (49kcal) Add a 4oz* Sirloin Steak (312kcal)

garlic prawns and rocket (577kcal) Vegan option available, just ask! (404kcal) £12.49 Hoisin Noodles v

£13.29	Skin-on Chips ve (291kcal)	£3.79
ure	🎔 Beer-Battered Onion Rings [§] (280kcal)	£3.79
sh chilli,	Creamy Mashed Potato v (284kcal)	£3.99
£12.99	🤎 Macaroni Cheese v (403kcal)	£4.49
otato, cal)	Tenderstem [®] Broccoli & Garden Peas ve (159kcal)	£3.99
£13.29	Spicy Rice ve (221kcal)	£3.99
	House Salad ve (47kcal)	£3.79
£13.29	DESSERTS	
ead	Tiramisu [§]	£6.29
£13.49 umbo	Our boozy tiramisu layered with coffee and bra soaked sponge and a light mascarpone cream (432kcal)	ndy
£13.29 ^{kcal)} £12.99	♥ Ice Cream Sundae with Cadbury® Nibbles v Vanilla dairy ice cream with Cadbury® Dairy Mil Caramel Nibbles and chocolate sauce. Topped a whip of cream and a crumbled chocolate flake	with
	(455kcal)	
outs ssing,	Triple Chocolate Brownie v White, milk and Belgian dark chocolate chunks. Drizzled in a chocolate sauce and served with v ice cream (640kcal)	
£1.49 £1.99 £2.99	Vanilla Ice Cream v Three scoops of vanilla dairy ice cream (187kca	£5.29
	Sticky Toffee Pudding v Served with vanilla ice cream (715kcal)	£5.99
	Fruit Salad ve A selection of pineapple, oranges, red apple,	£5.29

SIDES

green apple, strawberries and red grapes (106kcal)



MSC-C-55716 All our pollock and haddock comes from an MSC certified sustainable fishery www.msc.org